STATEMENT OF WORK (SOW)
Statement of Work
USS GABRIELLE GIFFORDS (LCS 10)

From: SUPPLY OFFICER, USS GABRIELLE GIFFORDS (LCS 10)

Subj: STATEMENT OF WORK (SOW) FOR O2X HUMAN PERFORMANCE TRAINING

I. Brief Job Description:

II. GENERAL:
The USS GABRIELLE GIFFORDS (LCS 10) requires contractor support to provide human performance initiative to maximize crewmember nutritional, mental and physical performance, decrease injuries, and improve overall health and effectiveness with increased warrior toughness. Services shall include O2X EAT, SWEAT, THRIVE three (3) day workshop, for approximately 60 crew members, with on-site subject matter experts to provide practical and classroom education. Training may be modified to meet required needs of the command to maximize improved human performance. The contractor shall provide relevant materials to include workbooks, notebooks, and activities, as well as, participant 12-month access to O2X mobile and web applications. The contractor shall coordinate all logistics, supply of all required gear, instructors, set up and breakdown of facility, and provide all additional equipment required to support each training day. Required travel and shipping of material and equipment shall be the responsibility of the contractor. Anticipated performance period is 30 SEP 2026 to 29 SEP 2027 however, may be modified based on mission requirements not to exceed 12-months from award. Training location Vigor shipyard 1801 16TH AVE SW Seattle WA 98134. Base access, if required, shall be coordinated in advance with the Technical Point of Contact (TPO

III. Location:
**USS GABRIELLE GIFFORDS (LCS 10)**

IV. Customer Responsibilities:
A. Provide access and escort on base for vendor.
B. Coordinate space onboard the ship to accommodate training.

V. Technical POC: